

Dance North Academy Term 2 Timetable 2024

Monday

NARRAWEENA

Studio 1		Studio 2		Studio 3	
		Mums and Bubs (2 – 3 yrs)	9:30 – 10:00am		
		Jazz 1 (3 – 4 yrs)	10:00 – 10:30am		
		Pre-Primary Ballet (3 – 4yrs)	10:30 – 11:00am		
				P/L	3:15 – 3:45pm
P/L	3:45 – 4:30pm	8/U Performance Modern	3:45 – 4:45pm	Primary Ballet	4:00 – 4:45pm
16/U Perf. Modern	4:30 – 5:30pm	Jazz 2 (5 – 6 yrs)	4:45 – 5:30pm	Grade 2 Ballet	4:45 – 5:45pm
Open Perf. Modern	5:30 – 6:30pm	Grade 1 Ballet	5:30 – 6:30pm	Grade 3 Ballet	5:45 – 6:45pm
Open / Grade 7 Ballet	6:30 – 7:45pm			Advanced 1 Ballet	6:45 – 8:15pm
P/L	7:45 – 8:15pm				

NORTH MANLY

Studio 1		Studio 2	
Advanced 1 Ballet	4:00 – 5:15pm	Junior CCDP – Contemporary	4:00 – 5:00pm
Junior CCDP – Open Classical Ballet	5:15 – 6:15pm	Jazz 4 / 5 (10 – 12yrs)	5:00 – 5:45pm
Pointe Development	6:15 – 7:00pm	Modern 4 / 5 (10 – 12yrs)	5:45 – 6:30pm
Advanced Foundation Ballet	7:00 – 8:15pm		

FULL-TIME ACADEMY (North Manly)

Studio 1		Studio 2	
Floor Barre Conditioning (<i>Vicki Attard</i>)	9:00 – 10:00am		
Pointe Class / Boys Coaching (<i>Vicki Attard</i>)	10:00 – 11:00am		
Ballet Class (<i>Vicki Attard</i>)	11:00 – 12:30pm		
Variations & Repertoire (<i>Vicki Attard</i>)	1:15 – 2:30pm		
Contemporary (<i>Davide Di Giovanni</i>)	2:30 – 4:00pm	RAD Advanced 2 Ballet (<i>Vicki Attard</i>)	2:15 – 4:00pm

Tuesday

NARRAWEENA

Studio 1		Studio 2		Studio 3	
P/L	3:15 – 3:45pm	P/L	3:15 – 3:45pm	10/U Perf. Contemporary Small Group	3:15 – 3:45pm
10/U Perf. Modern	3:45 – 4:45pm	Grade 1 Ballet	3:45 – 4:45pm	12/14/U Kicks, Jumps and Turns	4:00 – 4:45pm
12/U Performance Jazz	4:45 – 5:45pm	Grade 4 Ballet	4:45 – 5:45pm	6/U Performance Modern	4:45 – 5:45pm
14/U Performance Jazz	5:45 – 6:30pm	Intermediate Foundation Ballet <i>White</i>	5:45 – 7:00pm	Grade 5 Ballet	5:45 – 6:45pm
14/U Perf. Commercial Lyrical	6:30 – 7:00pm				
Open Perf. Broadway / Musical Theatre	7:00 – 7:45pm	Intermediate Ballet	7:00 – 8:15pm	Grade 6 Ballet	6:45 – 7:45pm
Open Perf. Commercial Lyrical	7:45 – 8:15pm				
Open Performance Jazz	8:15 – 9:00pm				

NORTH MANLY

Studio 1	
Modern A / B (7 – 10 yrs)	3:45 – 4:30pm
Jazz 3 / 4 (7 – 10 yrs)	4:30 – 5:15pm
Grade 3 Ballet	5:15 – 6:15pm

FULL-TIME ACADEMY (North Manly)

WEEK A

Alternating Week 1 | 3 | 5 | 7 | 9

Studio 1		Studio 2	
Ballet Class (<i>Catherine Edwards</i>)	9:00 – 11:00am		
Variations (<i>Catherine Edwards</i>)	11:15 – 12:15pm	Coaching (<i>Jasmin Durham</i>)	11:15 – 12:15pm
Coaching (<i>Catherine Edwards</i>)	12:15 – 1:15pm	Variations (<i>Jasmin Durham</i>)	12:15 – 1:15pm
Contemporary & Rehearsals (<i>Adam Blanch</i>)	2:00 – 4:00pm	P/L (<i>Catherine Edwards</i>)	2:00 – 4:00pm

Tuesday

FULL-TIME ACADEMY (North Manly)

WEEK B

Alternating Week 2 | 4 | 6 | 8 | 10

Studio 1

Studio 2

Pilates & Coaching (*Darren Spowart*) 9:00 – 11:00am

Pointe Class (*Catherine Edwards*) 11:15 – 12:15pm

Variations (*Catherine Edwards*) 12:15 – 1:15pm

Contemporary & Rehearsals (*Adam Blanch*) 2:00 – 4:00pm

Boys Coaching (*Darren Spowart*) 11:15 – 12:15pm

Variations (*Heidi Landford*) 12:15 – 1:15pm

P/L (*Catherine Edwards*) 2:00 – 4:00pm

Wednesday

NARRAWEENA

Studio 1		Studio 2		Studio 3	
				P/L	3:30 – 4:15pm
Mini Modern (5 – 6yrs)	4:15 – 5:00pm	Grade 5 Ballet	4:00 – 5:00pm	Junior Hip Hop (7 – 8yrs)	4:15 – 5:00pm
Jazz 3 (7 – 8yrs)	5:00 – 5:45pm	Grade 6 Ballet	5:00 – 6:00pm	Jazz 4 (9 – 11yrs)	5:00 – 5:45pm
Modern C (12 – 14yrs)	5:45 – 6:30pm	Modern A (7 – 8yrs)	6:00 – 6:45pm	Int. Hip Hop (9 – 11yrs)	5:45 – 6:30pm
Jazz 5 (12 – 14yrs)	6:30 – 7:15pm	Grade 7 Ballet	6:45 – 7:45pm	Modern B (9 – 11yrs)	6:30 – 7:15pm
Senior Hip Hop (12 – 14yrs)	7:15 – 8:00pm	Adult Tap	7:45 – 8:45pm	Intermediate Foundation Ballet <i>Blue</i>	7:15 – 8:30pm

NORTH MANLY

Studio 1		Studio 2	
Intermediate CCDP – Open Classical Ballet <i>(Catherine Edwards)</i>	4:15 – 5:00pm	Advanced CCDP – Conditioning/Improvisation <i>(Davide Di Giovanni)</i>	4:15 – 5:00pm
Intermediate CCDP – Pointe Class <i>(Catherine Edwards)</i>	5:00 – 5:45pm	Advanced CCDP – Contemporary <i>(Adam Blanch)</i>	5:00 – 5:45pm
Intermediate CCDP – Conditioning/Improvisation <i>(Davide Di Giovanni)</i>	5:45 – 6:30pm	Advanced CCDP – Open Classical Ballet <i>(Catherine Edwards)</i>	5:45 – 6:30pm
Intermediate CCDP – Contemporary <i>(Adam Blanch)</i>	6:30 – 7:15pm	Advanced CCDP – Pointe Class <i>(Catherine Edwards)</i>	6:30 – 7:15pm
Intermediate Ballet	7:15 – 8:15pm		

FULL-TIME ACADEMY (North Manly)

WEEK A

Week 1 | 3 | 5 | 7 | 9 | 10

Studio 1		Studio 2	
Ballet Class <i>(Catherine Edwards)</i>	9:00 – 10:45am		
Pointe Class <i>(Catherine Edwards)</i>	10:45 – 11:30am	Boys Coaching <i>(Danilo Radojevic)</i>	10:45 – 11:30am
Performance Ballet Group <i>(Catherine Edwards)</i>	11:45 – 1:15pm		
Contemporary Technique & Choreographic Development <i>(Adam Blanch)</i>	2:00 – 4:00pm	P/L <i>(Catherine Edwards)</i>	3:00 – 4:00pm

Wednesday

FULL-TIME ACADEMY (North Manly)

WEEK B

Week 2 | 4 | 6 | 8

8th May | 22nd May | 5th June | 19th June

Studio 1

Studio 2

Lisa Howell Workshop (*Lisa Howell*) 8:30 – 10:00am

Ballet Class (*Catherine Edwards*) 10:00 – 11:30am

Performance Ballet Group (*Catherine Edwards*) 11:45 – 1:15pm

Contemporary Technique & Choreographic Development (*Adam Blanch*) 2:00 – 4:00pm

P/L (*Catherine Edwards*)

3:00 – 4:00pm

Thursday

NARRAWEENA

Studio 1	Studio 2	Studio 3
	Intermediate Musical Theatre (8 – 11 yrs) 3:45 – 4:30pm	Primary Ballet 4:00 – 4:45pm
	Intermediate Tap (8 – 11 yrs) 4:30 – 5:15pm	Jazz 2 (5 – 6 yrs) 4:45 – 5:30pm

NORTH MANLY

Studio 1	Studio 2
P/L 4:00 – 4:30pm	P/L 3:15 – 4:15pm
Advanced 1 Ballet 4:30 – 5:45pm	Technique 1 – Claudia Hastings (up to 12 yrs) 4:15 – 5:15pm
	P/L 5:15 – 5:45pm
Technique 2 – Claudia Hastings (13 – 18 yrs) 5:45 – 6:45pm	Intermediate Foundation Ballet <i>Blue</i> 5:45 – 6:45pm
Advanced Foundation Ballet 6:45 – 8:00pm	

FULL-TIME ACADEMY (North Manly)

Studio 1	Studio 2
Ballet Class – Girls (<i>Lucinda Dunn</i>) 9:00 – 11:00am	Ballet Class – Boys (<i>Danilo Radojevic</i>) 9:00 – 11:00am
Pointe Class (<i>Lucinda Dunn</i>) 11:15 – 12:15pm	Boys Coaching (<i>Victor Zarallo</i>) 11:15 – 12:15pm
Contemporary Technique (<i>Victor Zarallo</i>) 1:00 – 3:00pm	
Conditioning (<i>Victor Zarallo</i>) 3:00 – 4:00pm	

Friday

NARRAWEENA

Studio 1		Studio 2		Studio 3	
Coaching	3:15 – 4:00 pm	P/L	3:15 – 4:45pm		
Petite CCDP – Classical	4:00 – 4:45pm			10/U Performance Jazz	3:45 – 4:45pm
Grade 4 Ballet	4:45 – 5:45pm	Jazz 3 (7 – 8yrs)	4:45 – 5:30pm	8/U Performance Jazz	4:45 – 5:45pm
Grade 2 Ballet	5:45 – 6:45pm	Grade 3 Ballet	5:30 – 6:30pm		
		P/L	6:30 – 7:00pm		

NORTH MANLY

Week 1 | 2 | 3 | 4 | 5

Studio 1		Studio 2	
Mums and Bubs	9:30 – 10:00am		
DNA Kids Combo (3 – 5 yrs)	10:00 – 10:45am		
Advanced CCDP – Open Classical Ballet (<i>Lucinda Dunn</i>)	4:15 – 5:00pm	Intermediate CCDP – PBT & PCT (<i>Adam Blanch</i>)	4:15 – 5:00pm
Advanced CCDP – Pointe Class (<i>Lucinda Dunn</i>)	5:00 – 5:45pm	Intermediate CCDP – Contemporary (<i>Adam Blanch</i>)	5:00 – 5:45pm
Advanced CCDP – PBT & PCT (<i>Adam Blanch</i>)	5:45 – 6:30pm	Intermediate CCDP – Open Classical Ballet (<i>Jasmin Durham</i>)	5:45 – 6:30pm
Advanced CCDP – Contemporary (<i>Adam Blanch</i>)	6:30 – 7:15pm	Intermediate CCDP – Pointe Class (<i>Jasmin Durham</i>)	6:30 – 7:15pm
P/L (<i>Jasmin Durham</i>)	7:15 – 8:15pm		

NORTH MANLY

Week 6 | 7 | 8 | 9 | 10

Studio 1		Studio 2	
Mums and Bubs	9:30 – 10:00am		
DNA Kids Combo (3 – 5 yrs)	10:00 – 10:45am		
Intermediate CCDP – Open Classical Ballet (<i>Lucinda Dunn</i>)	4:15 – 5:00pm	Advanced CCDP – PBT & PCT (<i>Adam Blanch</i>)	4:15 – 5:00pm
Intermediate CCDP – Pointe Class (<i>Lucinda Dunn</i>)	5:00 – 5:45pm	Advanced CCDP – Contemporary (<i>Adam Blanch</i>)	5:00 – 5:45pm
Intermediate CCDP – PBT & PCT (<i>Adam Blanch</i>)	5:45 – 6:30pm	Advanced CCDP – Open Classical Ballet (<i>Jasmin Durham</i>)	5:45 – 6:30pm
Intermediate CCDP – Contemporary (<i>Adam Blanch</i>)	6:30 – 7:15pm	Advanced CCDP – Pointe Class (<i>Jasmin Durham</i>)	6:30 – 7:15pm
P/L (<i>Jasmin Durham</i>)	7:15 – 8:15pm		

Friday

FULL-TIME ACADEMY (North Manly)

Studio 1

Ballet Class (<i>Danilo Radojevic</i>)	9:00 – 10:30am
Pas De Deux (<i>Danilo Radojevic</i>)	10:45 – 11:45am
Variations (<i>Danilo Radojevic</i>)	11:45 – 1:00pm
PCT / Contemporary (<i>Adam Blanch</i>)	2:00 – 4:00pm

Studio 2

Pointe Class (<i>Lucinda Dunn</i>)	10:45 – 11:45am
Variations (<i>Lucinda Dunn</i>)	11:45 – 1:00pm
P/L (<i>Lucinda Dunn</i>)	1:00 – 4:00pm

Saturday

NARRAWEENA

Studio 1		Studio 2		Studio 3	
Intermediate Foundation Ballet <i>White</i>	8:30 – 9:45am	Advanced CCDP – Conditioning	8:45 – 9:45am	Intermediate CCDP – Classical	8:30 – 9:45am
Advanced Foundation Ballet	9:45 – 11:00am	Intermediate CCDP – Conditioning	9:45 – 10:45am	Junior CCDP – Classical	9:45 – 10:45am
Intermediate Ballet	11:00 – 12:15pm	Junior CCDP – Conditioning	10:45 – 11:45am	Adv. CCDP – Classical	11:00 – 12:15pm
Advanced 1 Ballet	12:15 – 1:30pm	12/14/U Hip Hop	11:45 – 12:30pm	Junior CCDP – Contemporary	12:15 – 1:15pm
		12/14/U Musical Theatre	12:30 – 1:15pm	Coaching	1:15 – 1:30pm
Open Perf. Contemp.	1:30 – 2:30pm	P/L	1:15 – 4:30pm	12/U Perf. Modern	1:30 – 2:30pm
14/U Perf. Modern	2:30 – 3:30pm			12/U Perf. Contemporary	2:30 – 3:30pm
14/U Perf. Contemporary	3:30 – 4:30pm			P/L	3:30 – 4:30pm
14/U Perf. Classical Ballet	4:30 – 5:00pm				

NORTH MANLY

Studio 1		Studio 2	
Pre-Primary Ballet (3 – 4 yrs)	8:30 – 9:00am		
Jazz 1 / 2 (3 – 6 yrs)	9:00 – 9:30am		
Primary Ballet (5 – 6 yrs)	9:30 – 10:15am		